

Usui Shiki Ryoho
Reiki

Traditional Reiki Master Teacher:
Laurie Wilson



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There are many forms of Energy Medicine. The one that I use the most is a Technique called **Reiki**. (Pronounced Ray-key)

Reiki is a Japanese word that means "Universal Life Force Energy."

Everything is made up of this Energy, and anyone who desires, can learn to focus and direct this Energy to Heal themselves, Heal others and to aid in the Healing of our Earth Mother. The Usui System of Natural Healing utilizes an ancient Tibetan technology to Empower ordinary people to perform an Extraordinary service for mankind.

Reiki is effective in:

Reducing pain and discomfort due to illness and dis-ease.
Restoring balance on the physical, mental and emotional levels.
Enhancing creativity, wisdom and self acceptance.
Helping maintain health and well being of self, family and friends.

Anyone can learn to conduct Reiki

The beauty of Reiki is in its Simplicity. No experience or mental preparations are needed, only the desire to receive and accept the Energy. Reiki is taught in a series of classes consisting of beginning, intermediate and advanced levels of training.

Reiki empowers someone by a process called Attunements.

An attunement is when your Master/Teacher Places the Reiki signature into your Energy bodies along with the Reiki symbols. Reiki then moves through your 7 Centered Chakras removing blockages and raising the vibratory rate.

First Degree - Self Healing

is focused mainly on opening up the physical body so it can accept greater quantities of Life Force Energy.

Second Degree - Practitioner

process is a "quantum leap" in vibratory level, at least four times greater than the first degree.

Third Degree - Master/Teacher

is for someone who has made the commitment to help others to empower themselves.

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What a Reiki Treatment is and does:

Reiki balances and works on four levels of existence.

- ❖ Physical ~ The body & manifested pain
- ❖ Emotional ~ What you are feeling
- ❖ Mental ~ What you are allowing yourself to think
- ❖ Spiritual ~ Your capacity to love yourself & others

Reiki works on the cause rather than the effects of dis-ease.

Reiki accelerates healing, which may cause some initial discomfort: You heal at a faster rate. Treats the dis-ease rather than the symptoms

How does this feel?

You feel very relaxed as the energy flows through your body. Some even fall asleep. Reiki works on a very individualized level and the effects of Reiki are very personal.

What do I do during a Treatment? What should I expect?

- ❖ Take off your shoes, watch and metal jewelry.
- ❖ Allow your mental mind to release all thoughts & fears so you can focus on the present experience.
- ❖ A Reiki practitioner works with the Chakras or areas of specific pain.
- ❖ You should relax and enjoy the treatment, however talking or asking questions is an individual matter.

After the Treatment:

- ❖ Some feel energized others feel incredible peace.
- ❖ Drink water so that the toxins can start flushing out of your system.
- ❖ You may be advised to schedule another appointment to maintain wellness.
- ❖ In the case of dis-ease, you may wish to examine your lifestyle and make positive, healthful modifications.

The Reiki Principles:

- ❖ **Just for today** I will give thanks for my many blessings.
- ❖ **Just for today** I will not worry.
- ❖ **Just for today** I will not be angry.
- ❖ **Just for today** I will do my work honestly.
- ❖ **Just for today** I will be kind to my neighbor and every living thing.

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Reiki as a Career:

How much money can I make as a Reiki Master Teacher?

This has been a controversial subject since I became a Reiki Master Teacher in 1996.

You can charge whatever you want, it is your business. However, the standard investment is from \$30.00 - \$60.00 per treatment. Again, it is entirely up to you. Experience and location has a great deal to play in the hourly rate.

In addition, as a Master Teacher you are also able to charge for training, teaching and lecturing.

How much does Reiki training cost?

This varies considerably due to the fact that each Master Teacher decides what she/he is going to offer during classes. Training can be done in a school environment, online or in someone's home. The following projections are the standard investments, but again, you have the freedom to charge whatever you want.

First Degree training is usually around \$100 - \$150

Second Degree training is usually around \$150 - \$500

Third Degree training - Reiki Master Teacher runs anywhere from \$500-\$10,000.

Reiki Master Teacher Hawayo Takata required Reiki Masters to charge \$10,000 for the teachings and attunements of students to become Reiki Masters. She believed it was a fair exchange and demonstrated the practitioner's commitment. She also made a strong commitment to training those who made this investment, thus the high fee.

Many practitioners still follow this tradition, and just as many others have moved away from it and charge less. Personally, I believe Reiki is by far the easiest thing to learn, apply and pass on to others so I do "Online Reiki Intensives" and charge a great deal less than most.

What is a Reiki Intensive?

Reiki is so easy to apply, if you can touch someone you can do Reiki. It takes no special skills and has no special requirements, other than the need to have the Attunements Completed. I believe that people can learn the basics of Reiki on their own without any need of extra training.

So, although I teach Traditional Reiki, I teach in an untraditional manner ;)

A Reiki Intensive is when someone has decided that they can handle the higher vibrations and the quantum leap and are given all of their attunements and are "**Mastered**" within 1 day to 1 weekend. Traditionally, there is a 21 day cleansing period between each degree to allow the student time to adjust to the higher vibrations and the cleansing that takes place. So, it is highly advised that you do Not Underestimate the term "INTENSIVE". It will shake, rattle and roll your world on Every level.

Career opportunities as a Reiki Master Teacher:

Energy medicine has been around for centuries and started gaining recognition years ago as a compliment to modern medicine. Reiki has become increasingly popular in the medical field and they even offer CEUs for Nursing students and more. This field is expanding continually and so

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are all of the open doors to it. Nursing, Massage Therapy, Chiropractic care, Acupuncture and most exciting, hospitals now employ Reiki Practitioners and more.

Reiki Tuition and Certification:

I believe this incredible experience should be shared with everyone, and it should not be based on if you can Afford it. In my eyes Reiki is something you can Not Afford to be without.

I have designed the investment structure to suit the needs of everyone that comes this way. Not only will you get all 3 Degrees, you will also receive ongoing training and business eCoaching for your Reiki practice.

You will Receive:

- ❖ 1 Reiki TeleClass - Scheduled on a Saturday from 2pm - 3:30pm.
See the Calendar of Events on www.lifemakeoverparty.com for Dates.
- ❖ 4 days of Important information from me in your Email that will aid in your Understanding of Reiki and everything that you need in order to Build your own Career as a Reiki Master/Teacher or use your training for personal Healing and Growth.
- ❖ All 3 Certifications mailed via the U.S. Postal Service the following week.
- ❖ Ongoing eCoaching to assist in Building and Marketing your Reiki practice.
- ❖ An incredible surprise that will allow you to begin your Reiki career Instantly. This alone is priceless and you will absolutely be blown away by this generous gift.
- ❖ Everything above for Only \$75

Now is the time to take advantage of this amazing offer and start exploring this incredible healing modality. Call now to reserve your space for the Next upcoming class (339) ACHIEVE (224-4383) and while you're at it, come by and check out www.lifemakeoverparty.com for some amazing Life Changing friendships, support and encouragement. We can't wait to hear from you!

Until later, Make it a great day,
Peace, Laurie Wilson

Funny Reiki cartoon ☺



"I have to say I had a different impression of what Reiki is all about."

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