

Empower Your Life Daily
with this little mini list of Affirmations

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Affirmations:

I feel motivated and am moving in the direction of my dreams.

I have unlimited creativity, drive and motivation.

I am motivated to continue pursuing my goals.

New opportunities are showing up daily and I am motivated to take action towards those opportunities.

I feel alive, energized and motivated to take on any task in front of me.

I am continually motivated and share that motivation with others.

Motivation comes easily to me.

Staying motivated comes easily to me.

Because of my motivation, I achieve and exceed at all that I do.

I am so motivated that others get motivated just by being around me.

I attract those that help me reach my goals.

I am motivated and live my life to the fullest.

My life is full of purpose and motivation.

I have unlimited energy and motivation.

I am happy and motivated when I achieve my goals.

I am easily motivated.

I easily stay motivated toward my dreams.

I stay motivated and energized when working toward my goals.

I wake up motivated and ready to face the day.

I am confident in what I do and that keeps me motivated.

I welcome positive energy and I use that feeling to accomplish more.

I use my energy to live my life to the fullest.

No matter what I'm working on, I'm always committed to completing my goal.

I trust my thought processes. They are clear and I am very capable.

No matter how hard I may fall; I get back up, dust myself off, and keep going.

No matter the challenge, I will see it through.

I enjoy being responsible for my actions.

My life is full of purpose, exciting change, and many recognized deeds.

I am highly motivated to exercise my body because I find exercise as fun.

I create health by expressing love, understanding and compassion.

I am healthy and happy.

All my actions support my dreams.

Every action I take increases my motivation.

Every action I take motivates me more.

Every day I am motivated to take one more step towards my goal.

Every moment of every day I am becoming more and more motivated.

Every positive action I take accelerates my progress.

Every positive action I take leads to greater and greater accomplishments.

Every task I complete is a step closer to my dream.

Everything I do brings my goals closer.

Focusing on my goals helps to supercharge my motivation to succeed.

Having an action plan helps keep me motivated and on track.

I act purposefully and make things happen.

I always take action when needed.

I know that I can master anything if I do it enough times.

I believe that I have the strength to make my dreams come true.

I'm going to relax and have fun with this, no matter what the outcome may be.

I'm proud of myself for even daring to try
Today I put my full trust in my inner guidance.
I grow in strength with every forward step I take.
I release my hesitation and make room for victory
With a solid plan and a belief in myself, there's nothing I can't do.
I welcome positive energy and I use that feeling to accomplish more.
I use my energy to live my life to the fullest.
No matter what I'm working on, I'm always committed to completing my goal.
I accept myself.
My self-esteem is growing daily.
I love the real me.
I'm happy being who I am.
All I have to be is me.
My life is meaningful.
My life is important.
I now make good use of my life.
I now recognize my talents and skills.
I feel good about myself.
I feel better each moment.
I'm happy being me.
The more I accept and love myself, the more I can accept and love others.
I now reject negativity.
I now control my thoughts.
I now control my feelings.

I'm building a storehouse of positive energy.

I'm storing positive thoughts.

I'm storing positive images.

I am in charge of my mind.

I am in charge of my life.

I choose to be positive.

I am positive.

I have great potential and I'm going to use it.

Every day life gets better & better.

I expect good things to happen.

I see something positive in all situations.

I turn negatives into positives.

I am sure of my ability to do what is necessary to improve my life.

If I make mistakes, I am able to give myself the benefit of the doubt.

I am able to take risks and try new things without fear.

I feel good about the way I do my job.

I have compassion for myself and the way my life has developed.

I am deserving of all the good things in my life.

I am glowing with health and wholeness.

I behave in ways that promote my health more every day.

I deserve to be in perfect health.

Wealth is pouring into my life.

I study and comprehend fast.

My mind is calm.

I am calm and relaxed in every situation.

My thoughts are under my control.

I radiate love and happiness.

I am surrounded by love.

I have good and loving relations with my wife/husband.

I have a wonderful and satisfying job.

I am successful in whatever I do.

I can choose my thoughts at any time

I enjoy releasing my limiting beliefs

I am always loved

I take care of my needs

I enjoy living my life

I create my own reality

I always have access to internal peace

I have all the resources I need at any given time

I am grateful for my good health

I am supported by loving people

I radiate compassion

I treat myself with respect

I am open to abundance

I am grateful for the blessings I receive daily

I love nutritious healthy food and I enjoy eating fresh fruits and vegetables.

I am healthy since my practices are healthy.

I listen to my body's messages with love

I am well, I am whole, and I am strong and healthy.
My body is a safe and pleasurable place for me to be.
My sleep is relaxed and refreshing.
I have all the energy I need to accomplish my goals and to fulfill my desires.
I am glowing with health and wholeness.
I nourish my mind, body and soul
I have abundant energy, vitality and well-being.
I am always able to maintain my ideal weight.
I am filled with energy to do all the daily activities in my life.
My mind is at peace.
I love and care for my body and it cares for me.
I sleep soundly and peacefully.
I am living a long and healthy life.
I have a healthy heart and a strong set of lungs.
Healthy living ideas flow to me easily.
I trust the flow and process of life
I am safe and secure
I am calm and peaceful
I am strong and hopeful
I am part of a Universal plan
I love and appreciate myself
I am powerful
There is no blame and there are no victims
I choose to love and approve of myself

I send others my love
I move forward with love and trust
Life supports and sustains me
I release old ideas that are no longer of use to me
I let go and trust
I welcome the new in my life
I choose to live in the joyous now
I live in joy and peace
I now resolve any long standing problems
I care for myself with love and respect
I am important and worthwhile
I nourish myself and my needs
I release all anger, sadness, grief and resentment
I lovingly forgive everyone, including myself
I choose to fill my world with joy and peace
I approve of myself and my decisions
I let love and joy circulate through me
I love my life
I create love and joy wherever I go
I release the old
I allow life to flow through me
I share what I have
I go beyond my fears and limitations
I give up my anger and hopelessness

I create a life I love
I experience the sweetness of life
I fill every moment with joy
I let go of sorrow and control
I release all fear and rejection
I let life flow peacefully for me
I am full of energy and enthusiasm
I am the center of love and joy
My heart beats with love and compassion
I express my love for others
I am no longer afraid
I breathe fully and freely
I lovingly release the day
Tomorrow will take care of itself
I slip into peaceful sleep
I look forward to the rest of my life
I am in charge of me
I stand up for myself
Life itself supports me
I am strong and flexible
I love the cycles of my life
I pay attention to my own needs
I support my own ideas
I give myself love and approval

I am awesome.

I have balance in my life.

Every day my mind is filled with positive thoughts creating a beautiful life for me.

I am beautiful.

The Choice is within me.

I have the choice to change.

I always have choices!

I am committed to excellence in everything I do.

I am an excellent person.

I seek excellence.

I am losing weight as I exercise

I am healthy.

I have vitality.

I am losing weight as I eat right.

I know that my healing is already in process

I am well

All the systems of my body function perfectly.

I am perfectly healthy in body, mind and spirit.

My body is a safe and pleasurable place for me to be.

My sleep is relaxed and refreshing.

I love and approve of myself and my body.

Being wealthy is my inherent right and I claim it now.

I am getting more and more prosperous day by day

I am successful at everything I do, and everything I do is a success

I am wealthy and successful

Balance and harmony rule my world.

I am free to choose what I want to experience in my life.

Circumstances have no power over me, I create within and manifest without.

My wealth is increasing massively every day.

I am aligned with my higher self.

I can be, do and have anything that I desire.

I am grateful and happy for all that I have and all that I receive.

I effortlessly allow abundance in to all areas of my life.

I live an independent life that I choose to design however I want.

My life is magical, my life is blessed.

I release the need to live in poverty

I am grateful for this perfect universe that brings me all that I desire

I consciously create my own reality, everything in it is perfect. I am a magnet for money. Prosperity of every kind is drawn to me.

The money that comes to me today is a pleasure to handle. I save some and spend some.

Money is a state of consciousness that supports me. I allow prosperity to enter my life on a higher level than ever before.

I move from poverty thinking to prosperity thinking, and my finances reflect this change.

I know exactly what I want to accomplish.

I see you clearly with the eyes of pure, unconditional love.

I love what I see.

I am in a joyous, intimate relationship.

I draw love and romance into my life and I accept it now.

I am magnetic and irresistible.

Love happens! I release the desperate need for love. I release the need for my partner to approve of me. I allow love to find me easily and effortlessly.

Love is all around me. I feel everywhere. Joy fills my entire world.

I was born to learn to love myself more, and to share that love with people around me.

I rejoice in the love I encounter everyday.

I am safe in all my relationships. I am always treated well.

Long-lasting, loving relationships brighten my life.

I am very grateful for all the love in my life. I find it everywhere.

I am surrounded by love. All is well.

My heart is open to love, and I speak loving word.

I come from the loving space of my heart, and I know that love opens new possibilities.

Deep at the center of my being is an infinite well of love.

My relationships are mirrors that show me myself.

I am now learning from all my relationships.

My relationships are helping me to heal and love myself.

I am now ready to accept a happy, fulfilling relationship.

I love myself and I naturally attract loving relationships into my life.

I am now attracting exactly the kind of relationship I want.

I am now divinely irresistible.